Developing a Post-operative Quick Recovery Service Following Cardiac Surgery at Liverpool Heart and Chest Hospital

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The Essence of Quick Recovery

- Enhance the patient and family journey
- Improve patient outcomes
- An original new way of working
- Major clinical advancement
- A structured streamlined approach
- Nurses at the forefront of developing practice
- Staff competence and support
- Staff morale ‘making a difference’
The Patient Experience
All other patients had clinical indications why they were not suitable for quick recovery / extubation. This included deranged arterial gases/ elevated lactate/bleeding/resternotomy.
Building on Quick Recovery: The Way Forward

- The ‘opt in approach’
- Flexibility of practice
- The ‘we can do’ approach
- The bedrock of patient flow
- Adapting the quick recovery model for other patient groups
- Extending beyond the boundaries of critical care
- A tangible change in culture within critical care
- Job satisfaction
- Financial benefit
- More time for staff training & education
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Questions Please